

WE LOOK AFTER YOU!

In addition to looking after your holiday booking, A.T. Mays also offers you a range of travel services aimed at providing you with the ultimate holiday experience.

— FOREIGN EXCHANGE —

The A.T. Mays Foreign Exchange service is available in each of our 400 locations nationwide, providing instant availability of travellers cheques and a range of major foreign currencies.

— RECOMMENDED HOLIDAY INSURANCE —

A.T. Mays Travelsurance provides you with an excellent holiday insurance policy with a comprehensive cover—leaving you free to enjoy your holiday with complete peace of mind.

— CAR PARKING AT MOST MAJOR UK AIRPORTS —

Our recommended car parks are either right on the airport or within minutes of the terminal, and offer unbeatable value on prices. Ask for a leaflet.

— AIRPORT HOTELS —

Flying off early—flying back late? Staying at one of our recommended airport hotels is just like an extra day's holiday! Best value overnight accommodation at a range of two to five star deluxe hotels. With savings of up to 40% off normal prices!

— HOLIDAY CAR HIRE —

Hire a car and explore a little more of the area around your holiday destination. Our recommended holiday car hire arrangement offers you reliable quality cars at competitive rental prices!

— LOW COST AIR TRAVEL —

Immediate access to low-cost air fares to destinations worldwide via our specialist Airsavers department.



AMAZINGLY GOOD TRAVEL AGENTS

SCOTTISH ATHLETICS FEDERATION



NATIONAL CROSS-COUNTRY CHAMPIONSHIPS

FOR MALES AND FEMALES

**THE MAGNUM LEISURE CENTRE,
IRVINE**

SATURDAY, 10TH FEBRUARY, 1996
at 12 noon

OFFICIAL PROGRAMME 50p

In association with
CUNNINGHAME DISTRICT COUNCIL
AND
IRVINE DEVELOPMENT CORPORATION

Sponsored by



AMAZINGLY GOOD TRAVEL AGENTS



MAGNUM
LEISURE CENTRE
01294 278381



NATIONAL CROSS COUNTRY championships 1996

at the MAGNUM LEISURE CENTRE

A GREAT FAMILY DAY OUT!

Your children can have the run
of the Centre, while you have
the run of your life!

★ **SOFT PLAY** ★

★ **SWIMMING** ★

★ **ICE SKATING** ★

PLUS LOTS MORE

*The ideal way to entertain
your family!*

For further details contact Magnum reception on 01294 278381.

TIMETABLE

- U-13 BOYS (3200m) at 12 noon prompt. Declarations close at 11.45 a.m.
- U-13 GIRLS (3200m) at 12.15 p.m. prompt. Declarations close at 12 noon.
- U-15 BOYS (4000m) at 12.30 p.m. prompt. Declarations close at 12.15 p.m.
- U-15 GIRLS (4000m) at 12.45 p.m. prompt. Declarations close at 12.30 p.m.
- U-17 MEN (6400m) at 1.05 p.m. prompt. Declarations close at 12.50 p.m.
- U-17 WOMEN (4800m) at 1.30 p.m. prompt. Declarations close at 1.15 p.m.
- SENIOR MEN (12,000m) at 1.50 p.m. prompt. Declarations close at 1.35 p.m.
- SENIOR/JUNIOR WOMEN (6400m) at 2.40 p.m. prompt. Declarations 2.25 p.m.
- U-20 MEN (8000m) at 3.20 p.m. prompt. Declarations close at 3.05 p.m.

PRESENTATION OF PRIZES IN THE THEATRE
AT 4.45 p.m. APPROX.

SPECIAL NOTICES

1. It must be strictly observed that no warming up will be allowed on the actual course. Disciplinary action may be taken against anyone who disregards this order.
2. Spikes or cross country shoes must be removed before entering the Centre.
3. In all races, numbers must be worn FRONT.
4. Entries for team events must show the colours of the Club's vest and a vest of these colours must be worn by all members of the team while competing.
5. Athletes and spectators must not encroach on the start/finish area.
6. I.A.A.F. advertising rules will be strictly enforced.

SCOTTISH ATHLETICS FEDERATION OFFICE-BEARERS

Hon. President: W. M. Campbell. C.B.E., Q.C., M.P.
President: P. Carton
Vice-President: Prof. R. Morrison
General Secretary: R. W. Greenoak
Treasurer: J. O. Scott

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener: R. L. McSwein
Vice-Convener: Mrs E. Gunstone
Hon. Secretary: B. Goodwin
Finance Officer: D. McLaren

THE TMAYS TROPHY

FOR THE OVERALL TEAM PERFORMANCE

Rules Determining Winner of Trophy:—

- Clubs will be awarded points in each race equal to the finishing position of their team. That is, 1st team (1 point), 2nd team (2 points), etc.
- The AT Mays Trophy will be awarded to the Club that scores the lowest aggregate number of points over the five National Championships calculated as per (a).
- If part b fails to obtain a result then only clubs that have finished a senior team and declared teams in all other races are eligible for this Trophy. In this case the Trophy will be awarded to the club with the lowest aggregate number of points calculated as follows:
 - For finishing teams points are awarded as per (a).
 - For declared but non finishing teams the points awarded will be the highest team placing plus 1.The result will be determined for Clubs with 4 finishing teams and if failing to achieve a result, for 3 finishing teams and then 2 finishing teams.
- Clubs not finishing a Senior team are not eligible for this Trophy
- In all cases in the event of a tie the position of the club finishing highest in the Senior race will be adjudged the winner.

The Pat Spence Memorial Trophy will be awarded for the overall women's team performance.

OFFICIALS

Referee: Prof. R. MORRISON
Clerk of Course: J. MORTON

Stewards:

K. PHILLIPS, R. REID, C. HENDRY, J. BRYANT, M. McCULLOCH

Starters: W. ROBERTSON, S. PORTEOUS

Marksmen: F. McCLUSKIE, W. LAING

Judges: A. POTTS, A. STOTT, A. JOHNSTON

Funnels: R. THOMAS, S. CAMERON, J. BROWN

Trouble Shooters: I. CLIFTON, D. WILMOTH

Recorders:

S. BAILLIE (CHIEF), H. BAILLIE, S. HARDACRE, E. CAMERON,
I. YODEN, J. YODEN, M. DALY, K. GOODWIN, MRS JOHNSTON,
G. HARROWER, R. WHITELOCK

Time Recorders: M. WILMOTH, A. SPROUL

Timekeepers:

R. HUTCHESON (CHIEF), G. SWORD, D. GILMORE, A. POULTON,
D. McSWEIN, H. QUINN, G. PARROT, J. JOHNSTON

Declarations:

A. McMANUS (CHIEF), J. McMANUS, C. HIGGINS, T. PARKER,
C. MELVILLE, W. SIMPSON, C. FORBES, F. HANNAN, K. KEAR,
W. McGILL

Programmes: L. HANVEY, S. McNAIRNEY

Runners: C. HIGGINS

Drugs: G. SPENCE

Results:

A. JACKSON (CHIEF), J. JACKSON, P. JACKSON, M. COOK

Press: C. SHIELDS

Medical Officer: Dr. DAVID MILLER

Announcers: A. NAYLOR, W. MELVILLE

Officials Control: W. BANKS, J. HAMILTON, G. SWORD, MRS SWORD

Presentation: E. YOUNG, M. ROBERTSON

Awards: MRS McGILLIVRAY

Reception: R. McSWEIN, E. GUNSTONE, B. GOODWIN, D. McLAREN

Convener: J. YOUNG

A. T. MAYS, THE TRAVEL AGENTS



I would like to welcome all competitors to the 1996 Scottish Athletic Federation Cross Country Championships.

I am delighted that A. T. Mays is once again sponsoring these prestigious championships. This is our 13th year of involvement with the National Cross Country Championships, and it's pleasing to see all the runners back at Irvine Beach Park for the 1996 event. I was delighted with the success of 1994's championships, the first ever joint event for men and women, and I look forward to seeing all the camaraderie on show again in 1996.

Ayrshire has been A. T. Mays base since the company was first founded in 1956 and despite our rapid growth to become the UK's third biggest travel agency, I am delighted to maintain our links with sporting and community events in the area.

I wish every runner the very best of luck in all the events and may the best team win the A. T. Mays Trophy.

JAMIE MOFFAT

Managing Director, A. T. Mays, The Travel Agents

SCOTTISH ATHLETICS FEDERATION

It is with great pleasure that these Championships are returning to the Magnum Centre, Irvine.

Our sincere thanks go to A. T. Mays for their most generous sponsorship. They have been a major benefactor of our support for many years and it is hoped that this will continue.

These magnificent facilities have been made available to the Scottish Athletics Federation by Cunninghame District Council and our gratitude goes to them.

Our thanks are also extended to Jim Young, our convenor, who has been a wonderful servant of athletics. His dedication and enthusiasm over many years are legendary. To Jim and his organising team our most sincere thanks for their efforts.

Finally to all competing athletes enjoy your competition today. For some there is the opportunity of a place in the British trial for South Africa, for most the pleasure of running in their National Championships.

PETER CARTON
President

Scottish Athletics Federation

CUNNINGHAME DISTRICT COUNCIL

It is with great pleasure that Cunninghame District Council welcomes all the participants to the Magnum Leisure Centre and the Beach Park for what has become an annual event.

The Beach Park and Magnum Leisure Centre has proved to be an ideal venue for Cross Country, providing excellent indoor and outdoor facilities to both organisers and competitors.

Over the years, Cunninghame District Council has been justifiably proud of the links which has been forged with these Championships, and the success of this event. We are confident that these partnerships will ensure the continuation of National level events for the foreseeable future.

Each competitor will no doubt have their own targets to aim at in the course of their event, and we would take this opportunity of wishing them every success.

IRVINE DEVELOPMENT CORPORATION

Once again, on behalf of Irvine Development Corporation and having been personally associated with this event over a number of years, it gives me great pleasure to welcome over 2500 runners, of varying age groups, from teams all over Scotland and their faithful supporters, helpers and officials, who have tirelessly organised these prestigious events over many years.

The Corporation has been delighted to offer its support since 1978 and is only sorry it will be unable to continue to do so, because of its wind-up in December 1996.

We wish every success in this and future events and trust that many of these events will continue to be held in Irvine!

JACK MURDOCH
Managing Director
Irvine Development Corporation






**Wednesday -
Radio One Roadshow**

Friday - Irvine Harbour Festival

Saturday - Oasis

**.... this was just
one week at Irvine Beach Park**

For a colour brochure to help plan your visit to **Irvine** telephone 01294 214100 and ask for **Public Relations** or write to:
Leisure Brochure, Public Relations Department,
Irvine Development Corporation,
Perceton House, Irvine KA11 2AL.



SCOTTISH ATHLETICS FEDERATION



FOR THE ATTENTION OF TEAM MANAGERS AND CLUB OFFICIALS

Recent reports of vandalism at Cross Country events is giving cause for concern. Not only is this type of behavior damaging other people's property, it is damaging the sport of athletics and must be curtailed now.

It is a great pity that needless acts can spoil what can otherwise be a successful day for competitors, officials and spectators, so it is up to everyone to see that it does not happen at Irvine today. Such incidents can only serve to bring the sport into disrepute and make it more difficult for organisers to obtain future premises and sponsors.

The Convening committee appeal to all team captains and club officials to make every effort to see that athletes under their supervision behave in a proper manner and also to report any acts of misbehaviour by other runners to an S.A.F. official.

It is regrettable that it has been necessary to make this appeal, but it must be made and made in the strongest possible terms, so that the problem is highlighted and the proper action taken.

Your co-operation would be appreciated.

4th ANNUAL

U-13 BOYS' CHAMPIONSHIP

(Over 11 but under 13 as at 1st September, 1995)

Distance 2 miles/3200m

The winning team to hold the "McKenzie Cup" for 12 months

The winning individual to hold the "Alex Nangle Memorial Trophy" for 12 months

THE RACE WILL START AT 12 noon

Title holders 1995 — Cambuslang Harriers

Individual Winner 1995 — S. O'Brien, TSB Corstorphine AC

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 BENZIE,F J N; 2 MILLER,R; 3 GRANT,A; 4 SMITH,R; 5 WATT,J; 6 FLETT,M; 7 MATHIESON,C; 8 STARK,P;

Airdrie Harriers-Colours: Grey and sky Blue with 3" Black diag.

9 DAFFURN,T; 10 DONALDSON,C; 11 AITKEN,F;

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

12 BONSOR,D; 13 CHRISTIE,S; 14 EVANS,L; 15 MCKEATING,D;

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

16 DRYBURGH,S; 17 LEITCH,I; 18 SIMPSON,D; 19 SMITH,J;

Cambuslang Harriers-Colours: Red with White Band

20 ROBERTSON,K; 21 MCNALLY,P; 22 RITCHIE,N; 23 MCNAIR,S; 24 PORTER,K; 25 ADAM,G; 26 MURRAY,D; 27 COULL,G; 28 GALLAGHER,M; 29 MALONE,G; 30 MCENTEE,J; 31 MURPHY,J; 32 ROAITY,M; 33 MUNRO,I;

Clydesdale Harriers-Colours: White with Black "C"

34 WRIGHT,G; 35 ROSSBOROUGH,R;

Cramlington AAC-Colours: White with Red/Yellow Hoops

36 TOWARD,A; 37 DAVIDSON,S; 38 IBBOTSON,D; 39 MCKEEN,C; 40 RAND,J;

Cumnock & District AC-Colours: Black with Red Diagonal Band

41 BODYS,G; 42 MCCALLUM,A;

Dunbar Running Club-Colours: White with Green Diagonal

43 AINSLIE,G; 44 DOHERTY,G; 45 THORBURN,S; 184 HALL,I;

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

46 MCDONALD,D; 47 TKACZYK,I; 48 HANLON,G; 49 SHEPHERD,P;

East Kilbride AAC-Colours: Gold with 2 Black hoops

50 BARCLAY,N; 51 HENDERSON,C; 52 LITTLE,A; 53 MCDONALD,A; 54 ROONEY,B; 55 TOMS,S; 56 KEENAN,M;

Edinburgh AC-Colours: White with 2 Black Diagonal Stripes

57 MANN,K; 58 MCCALLUM,C; 59 ROBERTSON,G; 60 ROBERTSON,M;

Edinburgh Southern Harriers-Colours: White with Double Blue Hoops

61 KEMP,S; 62 SOLWAY,D; 63 ROBERTSON,R; 64 DUTHIE,J; 65 STODDART,K;

Falkirk Victoria Harriers-Colours: Black with Gold Band

66 JOHNSTONE,K; 67 MORRISON,G; 68 DONALDSON,M; 69 STEVENSON,D; 70 MCTAVISH,P;

Fife AC-Colours: White with Red Band

71 LEMONCELLO,A; 72 MURPHY,A; 73 GREENE,T; 74 SHANKS,A; 75 NELSON,M; 76 CASSIDY,B; 77 SEAMAN,P;

Fraserburgh R C-Colours: Black & White

78 CRAWFORD,B; 79 MCINTYRE,K; 80 MASSIE,I; 81 ALLAN,A; 82 SMITH,M;

George Heriots CCC-Colours: White with Blue Band

83 COLLIN,K; 84 GREY,A; 85 HAMILTON,J; 86 KEDDIE,D; 87 MCLAREN,T; 88 MILNE,A; 89 RAE,M; 90 WILLIAMS,P; 91 WILSON,G; 92 MCDERMOTT,C; 93 MEDLEY,C;

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

94 FAWKES,G; 95 CHAPLIN,R; 96 DORRIAN,M; 97 ROSSI,C; 98 ROSS,G; 99 CARROLL,G; 100 MACLAUCHLAN,J;

Girvan AAC-Colours: White with Blue & Green Hoops

101 BELL,K;

Gleniffer High School-Colours: Red/Black/Sky Blue

102 ELLIOT,R; 103 WATSON,D; 104 HAYTON,R; 105 AITCHISON,J; 106 BROWN,G;

Harmony AC-Colours: Red with Green Diagonal

107 GIBSON,R; 108 SHIELL,G;

Helensburgh AAC-Colours: Yellow with Red Band

109 MARTIN,S; 110 SMITH,D;

IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes

111 MCIVER,R; 112 SIMPSON,J;

Inverness Harriers-Colours: Gold with Maroon Diagonal

113 FRASER,P; 114 RAMSAY,I; 115 HEWITSON,M; 116 MACKENZIE,D; 117 CLIFF,A;

Irvine AC-Colours: Red with Black Trim

118 MILLER,B; 119 NICHOLSON,G; 120 COOK,G; 121 BRIGHTON,T; 122 CURDIE,B;

John Greig (Builders) Central AC-Colours: Yellow and Blue

123 BOOTH,M; 124 MCINALLY,K; 125 HOUSTON,D;

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

126 SHANNON,D; 127 BURNS,G; 128 MAIR,R; 129 BINGHAM,C;

Kilbarchan AAC-Colours: Gold with Black Hoop

130 ARCARI,P; 131 CRAPNELL,S; 132 MCGUIRE,R; 133 BLACK,C;

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

134 DAVIES,S; 135 MCDONALD,P; 136 MCDOWALL,S; 137 MCNEIL,R; 138 FARQUHARSON,S; 139 THALLON,N;

Larkhall YMCA-Colours: Red with White Hoops

140 DOUGLAS,R; 141 CAMERON,N; 142 MCGHIE,J; 143 SHEARER,D;

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

144 PHILIP,D;

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band

145 PORTE,S; 146 LAWLEY,S; 147 MCCANN,C; 148 MCCANN,S; 149 REID,S;

Livingston & District AAC-Colours: Yellow with Green Stripe

150 NORTHAM,P; 151 SMITH,G;

L & L Track Club-Colours: Lemon with Scarlet Trim

152 BROWN,B; 153 MORAN,M; 154 WARD,B; 155 CAMPBELL,A; 156 MONAHAN,C; 157 WATSON,W; 185 GETRELL,K

Maryhill Harriers-Colours: Royal Blue

158 HOWE,C;

Moray Road Runners-Colours: Dayglow yellow with Black Trim
 159 MILNE,A; 160 BARNETT,G; 161 BLACK,K;
 Oban Area AAC-Colours: White with diag. navy and red stripe
 162 CAMPBELL,J;
 Pendle AC
 163 RUSIUS,C;
 Perth Strathay Harriers-Colours: Orange with Blue Trim
 164 WARWICK,J;
 Peterhead AAC-Colours: Sky Blue
 165 HASTIE,A;
 Shettleston Harriers-Colours: Blue with Yellow Band
 166 MCLAREN,J;
 Teviotdale Harriers-Colours: White with Maroon Band
 167 MARSH,B; 168 TROBE,M; 169 WALKER,N; 170 LAMMIE,C;
 TSB Corstorphine AC-Colours: White with Black Trim
 171 HENDERSON,N; 172 LAW,K; 173 STARK,E;
 Victoria Park AAC-Colours: Blue and White Hoops
 174 CRAWFORD,C; 175 MCKICHAN,C; 176 HARVIE,M; 177 BORTRAM,I;
 178 NEWPORT,A; 179 MCGINLAY,L; 180 MCLACHLAN,R; 181
 STEVENS,D; 182 RODGER,D; 183 UPPAL,R;

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

4th ANNUAL U-13 GIRLS' CHAMPIONSHIP

(Over 11 but under 13 at the 1st September, 1995)

Distance 2 miles/3200m

The winning team to hold the "John Waddell Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12 months

THE RACE WILL START AT 12.15 p.m.

Title Holders 1995 — North Shields Poly

Individual Winner 1995 — N. Coates, Cramlington AAC

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops
 1 HENDERSON,L; 2 GORDON,C; 3 BURNETT,J; 4 DENNET,C; 5
 HASKETT,L; 6 FALCONER,J; 7 JOHNSTONE,L;
 Airdrie Harriers-Colours: Grey and sky Blue with 3" Black diag.
 8 DOCHERTY,C; 9 MCMAHON,L; 10 MCYES,A; 11 MCDOWELL,C; 12
 MCALLISTER,Y; 13 FERGUSON,T; 14 MORGAN,C;
 Arbroath & District AC-Colours: Black with vertical yellow stripe
 15 WEBBER,C;
 Ayr Seaforth AAC-Colours: White with Red Diagonal Cross
 16 DONNELLY,G;
 Babcock Pitreavie AAC-Colours: Navy/Yellow/White
 17 THOMSON,N; 18 CANNON,C; 19 COOCH,L; 20 MITCHELL,L; 21
 MURRAY,K; 22 CHILD,I;
 City of Glasgow AC-Colours: Royal Blue with Green Panel
 23 CHRISTIE,S; 24 FORREST,C; 25 LETFORD,L; 26 YOUNG,D; 27
 HARDY,A; 28 GRAHAM,C;
 Cramlington AAC-Colours: White with Red/Yellow Hoops
 29 HUNTSMAN,C; 30 DODDS,J; 31 THOMPSON,M; 32 MITCHELL,L;
 Cumnock & District AC-Colours: Black with Red Diagonal Band
 33 PATTERSON,L; 34 LAIRD,K; 35 GALLAGHER,L;
 Dundee Hawkhill Harriers-Colours: Blue and White Quarters
 36 MCINTYRE,I; 37 AIRLIE,L; 38 RAJ,L; 39 MELLON,L; 40 SCOTT,S; 41
 COLLACO,F; 42 GRANT,D; 43 TAYLOR,R;
 East Kilbride AAC-Colours: Gold with 2 Black hoops
 44 MOONEY,L; 45 HALEY,M; 46 SCHOFIELD,S; 47 TODD,R; 48
 WILLIAMS,J; Edinburgh AC-Colours: White with 2 Black Diagonal Stripes
 49 HANCOCK,L; 50 WARDLAW,E; 51 CAIRNS,V; 52
 BOLOCHOWECKYJ,L; 53 RICE,L; 54 SOLAK,A; 55 CAIRNEY,D;
 Edinburgh Woollen Mill-Colours: White with Double Blue Hoops
 56 MYLES,G; 57 MCPHERSON,K;
 Fife AC-Colours: White with Red Band
 58 ALLISON,L; 59 DALRYMPLE,J; 60 FORBES,K; 61 WEBSTER,K; 62
 URQUHART,F; 63 LAING,S;
 Fraserburgh R C-Colours: Black & White
 64 DARGIE,F; 65 WHEELER,A; 66 BEEDIE,L;

Giffnock North AAC-Colours: Amber with Royal Blue Hoop
 67 STEVENSON,S; 68 KIRK,J; 69 BENDORIS,L; 70 SHIELDS,K; 71
 WILSON,D; 72 MCMILLAN,S; 73 DARVEL,J; 74 LAWRENCE,K;
 Girvan AAC-Colours: White with Blue & Green Hoops
 75 MCCUTCHEON,D; 76 MCREADIE,D;
 Gleniffer High School-Colours: Red/Black/Sky Blue
 77 KERR,D; 78 STEWART,S; 79 SINCLAIR,L; 80 CALDWELL,J; 81
 SMITH,D;
 Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold
 Hoops
 82 HOUSTON,J; 83 LEE,D;
 Helensburgh AAC-Colours: Yellow with Red Band
 84 MCKINLAY,M; 85 SMITH,D; 86 WILKIE,J;
 IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes
 87 WOODS,G; 88 MCNELIS,P; 89 BARLAS,L;
 Inverness Harriers-Colours: Gold with Maroon Diagonal
 90 CLARKSON,J; 91 MAIN,J; 92 O'BRIEN,V; 93 CONSIDINE,S; 94
 ANDERSON,S;
 Irvine AC-Colours: Red with Black Trim
 95 MCAULEY,L; 96 GRAY,M; 97 WALKER,A; 98 ALDERSON,D; 99
 HANVEY,C; 100 HANVEY,L;
 John Greig (Builders) Central AC-Colours: Yellow and Blue
 101 WATERHOUSE,E; 102 WHITELAM,H; 103 BORROWMAN,S;
 Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White
 Stripes
 104 MILLS,S; 105 WATT,K; 106 CAIRNS,L; 107 HUTCHISON,A;
 Kilbarchan AAC-Colours: Gold with Black Hoop
 108 CLONEY,J; 109 GALLAGHER,K; 110 GORDON,H; 111 KELLY,C;
 112 LOGAN,P; 113 MCGRENAGHAN,S; 114 ANDERSON,M; 115
 GIBSON,C;
 Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops
 116 BROWN,L; 117 MCKENNA,S; 118 RALTON,V; 119 STIRLING,L;
 L & L Track Club-Colours: Lemon with Scarlet Trim
 120 MCAULEY,S; 121 NEILD,E; 122 MCKINLAY,M; 123 MITCHELL,C;
 124 HUGHES,M; 125 MILLER,C; 126 CURRIE,L;
 Larkhall YMCA-Colours: Red with White Hoops
 127 THOMPSON,K; 128 MCINNES,A; 129 MOWBRAY,K; 130 INGRAM,L;
 Lasswade AAC-Colours: White with 2 Blue Bands and Red Band
 131 HARKINS,A;
 Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band
 132 WILLIAMS,C;
 Livingston & District AAC-Colours: Yellow with Green Stripe
 133 BOYLAN,J;
 Maryhill Harriers-Colours: Royal Blue
 134 TOLLAN,M;
 Moray Road Runners-Colours: Dayglow yellow with Black Trim
 135 LOGIE,J; 136 REID,L; 137 MEISNER,J; 138 LYNCH,A; 139
 THOMSON,E;
 North Shields Poly-Colours: White, 2 Red Hoops, Navy Trim
 140 TAYLOR,G; 141 TAYLOR,C; 142 HALL,C; 143 HUGHES,D; 144
 HUNTER,K; 145 WAUGH,K; 146 DUFF,M;
 Oban Area AAC-Colours: White with diag. navy and red stripe
 147 CAMPBELL,C;
 Pendle AC-Colours: Blue/White
 148 RUSIUS,V;

Penicuik Harriers-Colours: Purple with White
 149 WEBSTER,L;
 Peterhead AAC-Colours: Sky Blue
 150 TOURNEY,J;
 Stornoway RC-Colours: Red with Yellow Hoop
 151 SILVER,V; 152 JOYCE,C; 153 INGLIS,E; 154 HENDERSON,M;
 Strathkelvin Ladies-Colours: Navy Blue with Green Trim
 155 TWADDLE,D; 156 MCKEE,C; 157 JAMIESON,L;
 Tayside AAC-Colours: Light Blue
 158 PHILIP,H;
 TSB Corstorphine AC-Colours: White with Black Trim
 159 STURROCK,E; 160 SMITH,E;
 Victoria Park AAC-Colours: Blue and White Hoops
 161 AYRE,K; 162 GERVAIS,M;
 Falkirk Victoria Harriers-Colours: Black with Gold Band
 163 EARDLEY,S;

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

4th ANNUAL U-15 BOYS' CHAMPIONSHIP

(Over 13 but under 15 as at the 1st September, 1995)

Distance 3 miles/4800m

The winning team to hold the "John D Semple Cup" for 12 months

The winning individual to hold the "John Semple Trophy" for 12 months

THE RACE WILL START AT 12.30 p.m.

Title Holders 1995 — Cambuslang Harriers

Individual Winner 1995 — M Smith, Tayside AAC

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 MARWICK,S; 2 YACAMINI,B; 3 ROSE,A; 4 HARRISON,N;

Airdrie Harriers-Colours: Grey and sky Blue with 3" Black diag.

5 KIRTLEY,S; 6 MCALLISTER,R; 7 KIRTLEY,B;

Annan & District AC-Colours: Yellow Vest/Black Shorts

8 LEGG,G;

Arbroath & District AC-Colours: Black with vertical yellow stripe

9 GRANT,R; 10 TOLLERTON,K; 11 BUTLER,D; 12 FORSYTH,M;

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

13 MCINDOE,A; 14 RITSON,D;

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

15 ARNEIL,A; 16 CARGILL,S; 17 KING,B; 18 MCDIARMID,S; 19

MATHIESON,G; 20 PATERSON,J; 21 CHILD,J; 22 SINCLAIR,R;

Cambuslang Harriers-Colours: Red with White Band

23 KEALY,J; 24 KEALY,K; 25 CARSON,S; 26 BARBER,S; 27 ALLAN,G;

28 FOX,R; 29 SHIELDS,A; 30 CAMPBELL,N; 31 COLQUHOUN,I; 32

TAIT,D;

Clydesdale Harriers-Colours: White with Black "C"

33 WRIGHT,C; 34 KENNEDY,G; 35 ROSSBOROUGH,R; 36 RUDZINSKI,N;

37 GILLAN,D;

Cumnock & District AC-Colours: Black with Red Diagonal Band

38 AULD,A;

Dunbar Running Club-Colours: White with Green Diagonal

39 RIDDELL,B;

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

40 CORTAISE,M; 41 DOWIE,D; 42 GRIEVE,A; 43 HANLON,M; 44

PETRIE,C; 45 MCDONALD,M;

East Kilbride AAC-Colours: Gold with 2 Black hoops

46 SMITH,M; 47 HENDERSON,H; 48 GALLAGHER,B; 49 MCCAIG,C;

50 MCCracken,S; 51 MCKENNA,K;

Edinburgh AC-Colours: White with 2 Black Diagonal Stripes

52 COSTELLO,L; 53 TAIT,C; 54 MACNAB,F; 55 ROSS,C; 56 PATTIE,K;

Falkirk Victoria Harriers-Colours: Black with Gold Band

57 ALGEO,D; 58 ALGEO,P; 59 ANDERSON,S; 60 GLINIANY,R; 61

HURREN,N; 62 SHENAVA,J;

Fife AC-Colours: White with Red Band

63 CASSALLS,A; 64 SHERLEY,J; 65 CASSIDY,S; 66 DALRYMPLE,C; 67

BLACK,K; 68 PATTERSON,M; 69 MICHIE,C;

Fraserburgh R C-Colours: Black & White

70 CLARK,S; 71 STEPHEN,M; 72 IRVINE,B; 73 MACKAY,S; 74 MASSIE,P;

George Heriots CCC-Colours: White with Blue Band

75 BOYCE,O; 76 CAMPBELL,S; 77 EYNOW,D; 78 LOCHRIE,A; 79

PURVES,I; 80 STEEL,G; 81 WILSON,G;

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

82 GEORGE,C; 83 CLEGHORN,C; 84 JOLLY,G; 85 DEVLIN,D; 86

MELVIN,I;

Girvan AAC-Colours: White with Blue & Green Hoops

87 TAYLOR,K; 88 LIVINGSTONE,K; 89 JARDINE,E;

Gleniffer High School-Colours: Red/Black/Sky Blue

90 COPLANE,S; 91 CHRISTIE,B; 92 MCDONALD,A; 93 BEITH,C; 94

KLAMYTYS,A;

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops

95 MCSHANE,A; 96 DOCHERTY,R; 97 MARK,R; 98 O'BRIEN,R; 99

KERR,D;

Haddington East Lothian Pacemakers-Colours: Red and White Halves

100 HASTIE,D;

Helensburgh AAC-Colours: Yellow with Red Band

101 LOCKHART,R; 102 ARENDY,A;

IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes

103 BARLASS,C; 104 POLLARD,M; 105 FRASER,D; 106 OSBORNE,A;

Inverness Harriers-Colours: Gold with Maroon Diagonal

107 MACKENZIE,I; 108 MCINTYRE,S; 109 MCPHAIL,B; 110 MEZALS,A;

111 GRAINGER,T; 112 GRANT,D; 113 HENDERSON,R;

Irvine AC-Colours: Red with Black Trim

114 COLLINS,R; 115 HIGGINS,S; 116 BOYD,D;

John Greig (Builders) Central AC-Colours: Yellow and Blue

117 WHITELAW,P; 118 GAULT,E; 119 ROSS,W;

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

120 MCCUTCHEON,A; 121 TWEEDIE,G; 122 BINGHAM,A; 123

MURPHY,K;

Kilbarchan AAC-Colours: Gold with Black Hoop

124 CAVANARN,J; 125 DAILLY,P; 126 GREIG,A; 127 THOMSON,A;

128 RAMSAY,A;

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

129 EARNSHAW,W; 130 GILFILLAN,A; 131 HOUSTON,M; 132 GRANT,K;

L & L Track Club-Colours: Lemon with Scarlet Trim

133 MORAN,J;

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

134 CLARK,W; 135 MARTIN,R;

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band

136 KANE,P; 137 DEARIE,P; 138 MCMAHON,C;

Larkhall YMCA-Colours: Red with White Hoops

139 STRUTHERS,R; 140 WILSON,S; 141 CAMERSON,E;

Livingston & District AAC-Colours: Yellow with Green Stripe

142 KING,B;

Lochaber AC-Colours: White with 2 Blue Hoops

143 O'HAGAN,A;

Maryhill Harriers-Colours: Royal Blue

144 DODD,J;

Minolta Black Isle AAC-Colours: Black with Red Diagonal Stripe
145 MELVILLE,D;
Moray Road Runners-Colours: Dayglow yellow with Black Trim
146 PATERSON,R; 147 THORNHILL,P;
North Shields Poly-Colours: White, 2 Red Hoops, Navy Trim
148 WARREN,M; 149 MARTIN,S; 150 THOMPSON,D;
Peterhead AAC-Colours: Sky Blue
151 INGRAM,D; 152 BUCHAN,L; 153 CAMERON,E;
Shettleston Harriers-Colours: Blue with Yellow Band
154 STEWART,T; 155 GRAHAM,M; 156 DALY,P; 157 MCFADDEN,J;
158 BARR,J; 159 THOMSON,C; 160 BERESFORD,S; 161 BERESFORD,M;
Stornoway RC-Colours: Red with Yellow Hoop
162 INGLES,A; 163 JOYCE,A;
Tayside AAC-Colours: Light Blue
164 STEVENS,M; 165 NICOL,J;
Teviotdale Harriers-Colours: White with Maroon Band
166 LAUDER,R; 167 GIBSON,A; 168 WALKER,G; 169 HUNTER,B; 170
WATSON,C;
TSB Corstorphine AC-Colours: White with Black Trim
171 CUMMING,A; 172 O'BRIEN,S;
Victoria Park AAC-Colours: Blue and White Hoops
173 MUNRO,C; 174 MCLAREN,D; 175 BOYLE,S; 176 SHIELDS,C; 177
RICHARDS,P; 178 BROWNLEE,G; 179 CHISHOLM,S

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

4th ANNUAL U-15 GIRLS' CHAMPIONSHIP

(Over 13 but under 15 as at the 1st September, 1995)

Distance 2.5 miles/4000m

The winning team to hold the "Falkirk District Sports Council Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12 months

THE RACE WILL START AT 12.45 p.m.

Title Holders 1995 — BT Pitreavie AAC

Individual Winner 1995 — K. Grimshaw, North Shields Poly

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops
1 DOUGALL,R; 2 PENNET,W; 3 GAULD,N; 4 CORSIE,N; 5 STARK,L;
6 GRANT,S;
Airdrie Harriers-Colours: Grey and sky Blue with 3" Black diag.
7 FAGAN,C; 8 HAY,D; 9 MCALLISTER,V;
Ayr Seaforth AAC-Colours: White with Red Diagonal Cross
10 CLARK,R; 11 CONWAY,L; 12 DONELLY,M;
Babcock Pitreavie AAC-Colours: Navy/Yellow/White
13 NORMAN,H; 14 WEBSTER,E; 15 JACK,J; 16 GOSDEN,W; 17
MCARTHUR,M; 18 PATERSON,S; 19 TAYLOR,L;
Banchory AC-Colours: Royal Blue with White band
20 CURTIS,C;
City of Glasgow AC-Colours: Royal Blue with Green Panel
21 CONNELL,H; 22 DALY,A; 23 GAFFNEY,P; 24 KEMP,A; 25 KEMP,S;
26 LIMOND,K; 27 MACDONALD,I; 28 MACRAE,L; 29 MAXWELL,S;
30 MUNRO,K; 31 REID,F; 32 HALLIDAY,K;
Cumnock & District AC-Colours: Black with Red Diagonal Band
33 STEELE,J;
Cramlington AAC-Colours: White with Red/Yellow Hoops
34 COATES,N;
Dunbar Running Club-Colours: White with Green Diagonal
35 TURNER,L; 36 CARRIE,S;
Dundee Hawkhill Harriers-Colours: Blue and White Quarters
37 STEPHEN,T; 38 LAMB,V; 39 BURNETT,C; 40 MILLAR,J;
East Kilbride AAC-Colours: Gold with 2 Black hoops
41 FLEMING,C; 42 WILLIAMSON,L; 43 MARTIN,A;
Edinburgh AC-Colours: White with 2 Black Diagonal Stripes
44 MOAR,H; 45 CAIRNS,M;
Edinburgh Woollen Mill-Colours: White with Double Blue Hoops
46 HOOD,S; 47 MACNIVEN,R;
Fife AC-Colours: White with Red Band
48 ANDERSON,L; 49 LAING,S;
Fraserburgh R C-Colours: Black & White
50 JACKSON,C;

Giffnock North AAC-Colours: Amber with Royal Blue Hoop
51 TURNER,A; 52 MCKENZIE,S; 53 KIRK,L; 54 EVANS,N;

Gleniffer High School-Colours: Red/Black/Sky Blue
55 AITCHISON,N; 56 FARR,K; 57 ROSE,L; 58 WHYTE,A; 59 ARTHUR,G;
60 BAILIE,F;

Harmeny AC-Colours: Red with Green Diagonal
61 GIBSON,R; 62 LOWNIE,K;

Helensburgh AAC-Colours: Yellow with Red Band
63 MALE,K; 64 MILLOTT,J;

IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes
65 HARRIS,D;

Inverness Harriers-Colours: Gold with Maroon Diagonal
66 MACLEAN,R; 67 CLARKSON,L; 68 DANBY,S; 69 GAMBLIN,A; 70
WATSON,A; 71 CAMPBELL,A;

Irvine AC-Colours: Red with Black Trim
72 BRYANT,K; 73 MCGILL,A; 74 BINGHAM,K;

John Greig (Builders) Central AC-Colours: Yellow and Blue
75 MCCRORIE,J; 76 MONTADOR,K; 77 NICOLL,L; 78 BROWN,L; 79
DOUGLAS,L; 80 GAULT,L;

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White
Stripes
81 MORTON,L;

Kilbarchan AAC-Colours: Gold with Black Hoop
82 CLONEY,S; 83 BARR,S; 84 MCGRENAGHAN,G; 85 MCLAY,J; 86
MENZIES,F; 87 PALMER,S; 88 TOWNSEND,H; 89 YULE,K;

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band
90 DOCHERTY,C;

Livingston & District AAC-Colours: Yellow with Green Stripe
91 RODGERS,L; 92 MCDAID,K;

Maryhill Harriers-Colours: Royal Blue
93 CARRIGAN,L;

Minolta Black Isle AAC-Colours: Black with Red Diagonal Stripe
94 ROSS,I; 95 CAMPBELL,L; 96 YOUNG,J; 97 KERR,S; 98 SIMPSON,Y;

Moray Road Runners-Colours: Dayglow yellow with Black Trim
99 PATERSON,E; 100 MASSON,T;

North Shields Poly-Colours: White, 2 Red Hoops, Navy Trim
101 GALLAGHER,V; 102 OSBORNE,E; 103 DICKINSON,L;

Perth Strathtay Harriers-Colours: Orange with Blue Trim
104 PAXTON,L;

Peterhead AAC-Colours: Sky Blue
105 HEPBURN,C; 106 HASTIE,D; 107 MCLATCHIE,D;

Skipton & Dist AC-Colours: Sky Blue Vest with Navy Band
108 HOPKINSON,E; 109 WILKINSON,M; 110 WADDINGTON,S;

Stewarty AC-Colours: Sky Blue with Black diag Band
111 ARMSTRONG,R; 112 GILLIES,A;

Teviotdale Harriers-Colours: White with Maroon Band
113 JARDINE,R; 114 BRYDON,L; 115 TROBE,J;

TSB Corstorphine AC-Colours: White with Black Trim
116 HENDERSON,L; 117 STURROCK,M;

Victoria Park AAC-Colours: Blue and White Hoops
118 MCGOWAN,A; 119 NEWTON,L; 120 ROSS,J; 121 ROSS,M; 122
NOON,E;

Strathkelvin Ladies-Colours: Navy Blue with Green Trim
123 DUNN,M;

Falkirk Victoria Harriers-Colours: Black with Gold Band
124 SHAND,L; 125 FRASER,D

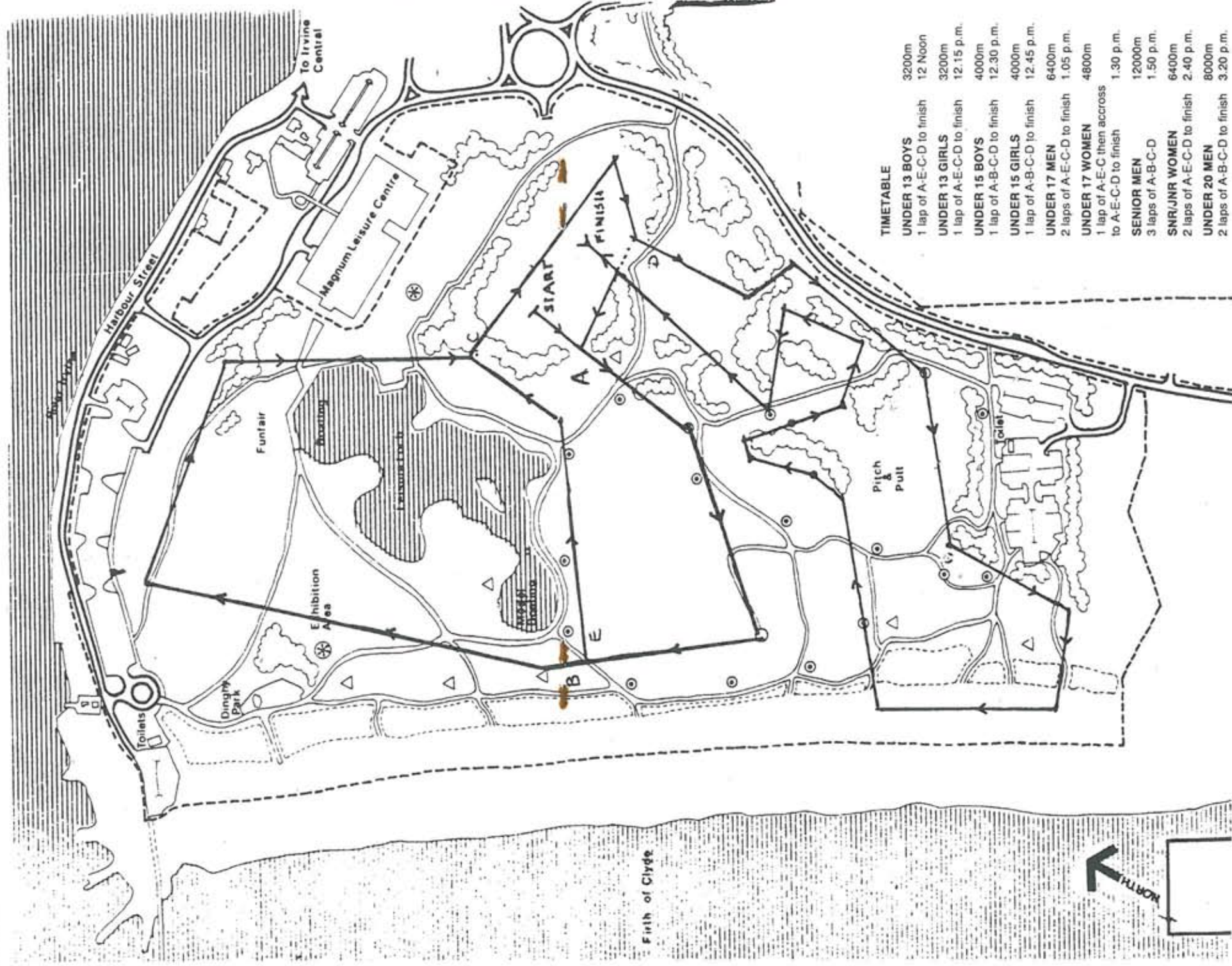
Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.



AMAZINGLY GOOD TRAVEL AGENTS

NATIONAL CROSS-COUNTRY CHAMPIONSHIPS

THE MAGNUM LEISURE CENTRE, IRVINE
SATURDAY, 10TH FEBRUARY, 1996 at 12 noon



TIMETABLE

UNDER 13 BOYS	3200m
1 lap of A-E-C-D to finish	12 Noon
UNDER 13 GIRLS	3200m
1 lap of A-E-C-D to finish	12.15 p.m.
UNDER 15 BOYS	4000m
1 lap of A-B-C-D to finish	12.30 p.m.
UNDER 15 GIRLS	4000m
1 lap of A-B-C-D to finish	12.45 p.m.
UNDER 17 MEN	6400m
2 laps of A-E-C-D to finish	1.05 p.m.
UNDER 17 WOMEN	4800m
1 lap of A-E-C then across to A-E-C-D to finish	1.30 p.m.
SENIOR MEN	12000m
3 laps of A-B-C-D	1.50 p.m.
SNR/JNR WOMEN	6400m
2 laps of A-E-C-D to finish	2.40 p.m.
UNDER 20 MEN	8000m
2 laps of A-B-C-D to finish	3.20 p.m.

4th ANNUAL U-17 MEN'S CHAMPIONSHIP

(Over 15 but under 17 as at the 1st September, 1995)

Distance 4 miles/6400m

The winning team to hold the "Bryson Cup" for 12 months

The winning individual to hold the "Goodwin Bowl" for 12 months

THE RACE WILL START AT 3.10 p.m.

Title Holders 1995 — Cambuslang Harriers

Individual Winner 1995 — A. Sandilands, Stonehouse AAC

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 MCDONALD,M; 2 BRACEGIRDLE,T;

Airdrie Harriers-Colours: Grey and sky Blue with 3" Black diag.

3 DONALDSON,M; 4 COCHRANE,J; 5 CAMPBELL,G; 6 O'NEILL,K;

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

7 KORONKA,S; 8 ARMSTRONG,P; 9 ROY,S;

Cambuslang Harriers-Colours: Red with White Band

10 LYON,G; 11 MCRAE,D; 12 CLELLAND,J; 13 ROBERTSON,G; 14

MILLAR,A; 15 BAIN,W; 16 FERGUSON,G; 17 RITCHIE,S;

Clydesdale Harriers-Colours: White with Black "C"

18 REID,G; 19 REID,A; 20 MOORE,D;

Cumnock & District AC-Colours: Black with Red Diagonal Band

21 MCGINN,T; 22 WILSON,J; 23 MENZIES,B;

Cramlington AAC-Colours: White with Red/Yellow Hoops

24 ARCHIBALD,K;

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

25 COATS,R; 26 STEWART,R; 27 GUNSTONE,N; 28 MALONEY,S; 29

SCOTT,R; 30 LAMB,M; 31 BROOKS,S; 32 LAFFERTY,J; 33 STANFIELD,R;

34 ROSS,C; 35 FINDLAY,N;

East Kilbride AAC-Colours: Gold with 2 Black hoops

36 MITCHELL,A; 37 MADDEN,B; 38 KEDDIE,G; 39 BAILLIE,G; 40

PATERSON,D;

Edinburgh AC-Colours: White with 2 Black Diagonal Stripes

41 MCGREGOR,G; 42 ANDERSON,R; 43 WARDLAW,A; 44 HAND,J; 45

CROALL,G;

Edinburgh Southern Harriers-Colours: White with Double Blue Hoops

46 BOYNE,A; 47 MCGHEE,K; 48 POYSER,T; 49 RATCLIFFE,S; 50 HERD,G;

Falkirk Victoria Harriers-Colours: Black with Gold Band

51 COUPER,G; 52 LAWSON,S; 53 BAILEY,M; 54 CRAIG,D;

Fife AC-Colours: White with Red Band

55 LATIMER,S; 56 ROUGH,I; 57 SEELEY,C; 58 GREENE,O; 59

HENRITTY,D; 60 BERRY,S; 61 BENNISON,C; 62 MCFIE,R;

Fraserburgh R C-Colours: Black & White

63 WATSON,A; 64 BUCHAN,S;

George Heriots CCC-Colours: White with Blue Band

65 CORMACK,P; 66 GRAHAM,B; 67 LESLIE,O; 68 MACGRAIN,N; 69

MCMILLAN,C; 70 PURVES,A; 71 STEVENS,K;

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

72 MORE,E; 73 MELVIN,D; 74 COLEMAN,M; 75 MEFFEN,R; 76

DAWSON,M;

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold

Hoops

77 MCLEAN,C; 78 PARKER,G;

Helensburgh AAC-Colours: Yellow with Red Band

79 ARENTT,A;

Inverness Harriers-Colours: Gold with Maroon Diagonal

80 RAMSAY,S;

Irvine AC-Colours: Red with Black Trim

81 HANNAH,D; 82 HIGGINS,A; 83 BURKE,C;

John Greig (Builders) Central AC-Colours: Yellow and Blue

84 HOUSTON,R; 85 MCHARDY,F; 86 WHITELAM,S; 87 MCDONALD,J;

88 LOGAN,C;

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

89 KERR,M; 90 MORTON,S; 91 GOURLEY,C; 92 MCPHAIL,W; 93 KEEN,G;

Kilbarchan AAC-Colours: Gold with Black Hoop

94 CLUGSTON,R; 95 GREIG,D; 96 MCCORMACK,D; 97 MCDERMONT,C;

98 MCLEOD,A; 99 MAY,D; 100 YULE,T;

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

101 MCLOONE,E; 102 MCLOONE,J;

Larkhall YMCA-Colours: Red with White Hoops

103 SMART,B; 104 CAMERON,R; 105 WILLIAMSON,A; 106

SANDILANDS,A;

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

107 VEITCH,D;

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band

108 REID,K;

Livingston & District AAC-Colours: Yellow with Green Stripe

109 MILLIGAN,J;

Lochaber AC-Colours: White with 2 Blue Hoops

110 ATKINSON,S;

Maryhill Harriers-Colours: Royal Blue

111 CARRIGAN,T; 112 MCLEOD,J;

Moray Road Runners-Colours: Dayglow yellow with Black Trim

113 COWIE,J; 114 THORNHILL,R; 115 BEATTIE,A; 116 COWIE,S;

North Shields Poly-Colours: White, 2 Red Hoops, Navy Trim

117 WOODWARD,A;

Pendle AC-Colours: Blue/White

118 HARGREAVES,A;

Penicuik Harriers-Colours: Purple with White Panels

119 WOODHEAD,A; 120 CAIRNS,K;

Perth Straththay Harriers-Colours: Orange with Blue Trim

121 WATSON,G;

Peterhead AAC-Colours: Sky Blue

122 ARTHUR,I;

Shettleston Harriers-Colours: Blue with Yellow Band

123 MCDONALD,A; 124 GOW,D; 125 MCGARRITY,B; 126 MCINTYRE,K;

127 GAFFNEY,G;

Tayside AAC-Colours: Light Blue

128 SMITH,M; 129 LINDSAY,D; 130 MORROW,M; 131 WALKER,M;

Teviotdale Harriers-Colours: White with Maroon Band

132 LAUDER,S; 133 TURNBULL,J; 134 HOGG,S; 135 KERR,S; 136

COMBE,M;

TSB Corstorphine AC-Colours: White with Black Trim
 137 CLARK,B; 138 MALLIN,G; 139 O'BRIEN,C;
 Victoria Park AAC-Colours: Blue and White Hoops
 140 CALWAY,C; 141 MORRELL,S; 142 UPPAL,P; 143 ANDERSON,R;
 144 MCLUCAS,C;
 Springburn Harriers-Colours: Navy Blue with White Diamond
 145 HENDRY,J;

Individual 1st Time
 2nd Time
 3rd Time
 Team Race 1st Pts.
 2nd Pts.
 3rd Pts.



4th ANNUAL U-17 WOMEN'S CHAMPIONSHIP

(Over 15 but under 17 as at the 1st September, 1995)

Distance 3 miles/4800m

The winning team to hold the "Dundee Parks Department Trophy" for 12 months

The winning individual to hold the "Lothian Trophy" for 12 months

THE RACE WILL START AT 1.30 p.m.

Title Holders 1995 — City of Glasgow AC

Individual Winner 1995 — S. Fairweather, City of Glasgow

TEAMS NOT LESS THAN 3 AND 3 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops
 1 KYLE,A; 2 SMITH,H; 3 GREEN,L; 4 DEY,F; 5 RAMSAY,K;
 Banchory AC-Colours: Royal Blue with White band
 6 BAKER,R; 7 LIGHT,E;
 Blackpool & Fylde-Colours: Tangerine/Black
 8 MACPHERSON,S;
 Chester and Ellesmere Port AC-Colours: Blue Vest
 9 OWEN,S;
 City of Glasgow AC-Colours: Royal Blue with Green Panel
 10 CAIRNEY,L; 11 KERR,C; 12 MCMORRAN,D; 13 SHAW,A; 14 SINCLAIR,E;
 Cramlington AAC-Colours: White with Red/Yellow Hoops
 15 THOMPSON,S;
 Dundee Hawkhill Harriers-Colours: Blue and White Quarters
 16 MCCARRON,S;
 East Kilbride AAC-Colours: Gold with 2 Black hoops
 17 SMITH,K; 18 CAMPBELL,L; 19 MCLEISH,F; 20 PARTRIDGE,S; 21 MCDONALD,A;
 Edinburgh AC-Colours: White with 2 Black Diagonal Stripes
 22 HARRISON,L; 23 HOOD,A;
 Edinburgh Woollen Mill-Colours: White with Double Blue Hoops
 24 KNOX,I; 25 MACKIE,S; 26 MACDONALD,A;
 Fife AC-Colours: White with Red Band
 27 DEWEY,C; 28 GREGORY,C; 29 SKORUPSKI,K; 30 ASPLIN,L;
 Fraserburgh R C-Colours: Black & White
 31 WISELY,M;
 Gleniffer High School-Colours: Red/Black/Sky Blue
 32 SMITH,N; 33 MCGURN,Z; 34 THOMSON,G;
 Helensburgh AAC-Colours: Yellow with Red Band
 35 STEVENSON,L;
 IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes
 36 BANKS,H; 37 SMITH,S;
 Inverness Harriers-Colours: Gold with Maroon Diagonal
 38 MACKAY,K; 39 MACDONALD,M; 40 MACKENZIE,K;
 Irvine AC-Colours: Red with Black Trim
 41 MCNAIRNEY,S;

John Greig (Builders) Central AC-Colours: Yellow and Blue
 42 MONTADOR,K; 43 MURPHY,B; 66 NISBETT,K;
 Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White
 Stripes
 44 MORRIS,C;
 L & L Track Club-Colours: Lemon with Scarlet Trim
 45 HOPE,V;
 Lasswade AAC-Colours: White with 2 Blue Bands and Red Band
 46 MURRAY,D; 47 BOURHILL,J;
 Maryhill Harriers-Colours: Royal Blue
 48 GALLACHER,D; 49 SMITH,K; 50 MCKENZIE,C;
 Moray Road Runners-Colours: Dayglow yellow with Black Trim
 51 BROAD,C; 52 ROSS,F; 53 SUGDEN,L; 54 MASSON,T; 55 STEWART,M;
 North Shields Poly-Colours: White, 2 Red Hoops, Navy Trim
 56 GRIMSHAW,K; 57 GAY,S;
 Skipton & Dist AC-Colours: Sky Blue Vest with Navy Band
 58 DUGDALE,S;
 Strathkelvin Ladies-Colours: Navy Blue with Green Trim
 59 LANGAN,J; 60 HASTIE,M; 61 GALLAGHER,R;
 Tayside AAC-Colours: Light Blue
 62 MCCONNACHIE,M; 63 SKINNER,J;
 Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops
 64 PATERSON,K;
 TSB Corstorphine AC-Colours: White with Black Trim
 65 BRAID,F;
 Falkirk Victoria Harriers-Colours: Black with Gold Band
 67 NEILL,E;

Individual	1st		Time
	2nd		Time
	3rd		Time
Team Race	1st		Pts.
	2nd		Pts.
	3rd		Pts.

4th ANNUAL SENIOR MEN'S CHAMPIONSHIP

(Over 20 years of age as at the 1st September, 1995)

Distance 7.5 miles/12,000m

The winning team to hold the "Elkington Shield" for 12 months

The winning individual to hold the "W H Dunlop Trophy" for 12 months

THE RACE WILL START AT 1.50 p.m.

Title Holders 1995 — Cambuslang Harriers

Individual Winner 1995 — K. Anderson, Cambuslang Harriers

TEAMS NOT LESS THAN 6 AND 6 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 BOYNE,P; 2 MUSGRAVE,J; 3 DUGUID,D; 4 THOMAS,S; 5 KILNER,N;
 6 DUGUID,F; 7 CASSELLS,S; 8 DAVIS,A; 9 SHERIDAN,R; 10 RAMSAY,G;
 11 ARMITAGE,D; 12 SIMPSON,M;

Annan & District AC-Colours: Yellow Vest/Black Shorts

13 DAVIES,B; 14 BARNFATHER,E; 15 PRIESTLEY,N J;

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

16 ALLAN,P; 17 BAKER,L; 18 BONSOR,A; 19 BOYD,W; 20 KELLY,P; 21
 JONES,O; 22 LAW,A; 23 PAGE,R; 24 PAUL,D; 25 STEWART,A; 26
 STRAWHORN,J;

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

27 ARNOTT,D; 28 BAXTER,P; 29 CHERRIE,R; 30 DUNCAN,K; 31
 FARQUHAR,J; 32 GARDINER,G; 33 GRAY,B; 34 MATHIESON,C; 35
 RUSSELL,A; 36 TAYLOR,S; 37 WATSON,C;

Beith Harriers-Colours: Black

38 PHILLIPS,K; 39 MCVEY,D;

Bellahouston Harriers-Colours: Dark Blue with Light Blue Cross

40 BELL,G; 41 WILLIAMSON,D; 42 JOSS,C; 43 BURKE,I; 44 SCOTT,C;
 45 QUINN,A; 46 COLLIE,B; 47 BRANNEY,D; 48 DICKIE,T; 49
 THALLUN,J; 50 SMITH,A; 51 SCOTT,H;

Calderglen Harriers-Colours: Amber and Black Vertical Stripes

52 BEGG,A; 53 BOAG,K; 54 BUCHNAN,M; 55 CAIREY,J; 56
 COCKBURN,B; 57 DERRICK,A; 58 DUTHIE,M; 59 HENDERSON,A; 60
 MCDONALD,C; 61 MCPARLAND,G; 62 MORTON,T; 63 MUIR,A; 64
 PATERSON,A; 65 STEVEN,C; 66 STEWART,B; 67 ROBINSON,G;

Cambuslang Harriers-Colours: Red with White Band

68 ANDERSON,K; 69 CROLL,G; 70 WYLIE,S; 71 THOMSON,C; 72
 RUNCIMAN,D; 73 MCTAGGART,W; 74 ROBERTSON,A; 75
 STEWART,E; 76 FLEMING,S; 77 WILKINSON,N; 78 DOWNIE,K; 79
 DONNELLY,C; 80 BROWN,J; 81 THOM,D; 82 COYLE,J; 83 O'HAGEN,M;
 84 COWAN,J; 85 HENDERSON,D; 86 MCVEIGH,S; 87 MCDUGALL,C;
 88 OGDEN,P; 89 MCILLHENNEY,R; 90 HURLEY,F; 91 ANDERSON,R;
 92 GILLESPIE,I; 93 GORMLEY,M; 94 DALZIELL,S; 95 JENKINS,A; 96
 HUGHES,A; 97 EAGLESHAM,S; 98 ARBUCKLE,R;

Carnethy Hill RC-Colours: Yellow with Red letters
99 COYLE,J; 100 THIN,J; 101 SHIER,D; 102 WALDIE,B; 103 TURNBULL,L;
104 BLAIR-FISH,J; 105 WHITE,R;

Clydesdale Harriers-Colours: White with Black "C"
106 GRAHAM,G; 107 AUSTIN,J; 108 CALVERT,E; 109 HALPIN,D; 110
MURPHY,I; 111 EDRIE,B; 112 HANRATTY,J; 113 GEMMELL,D; 114
KANE,G; 115 KENNEDY,G; 116 ROSSBOROUGH,R; 117 SHIELDS,J; 118
RUDZINSKI,P; 119 MCINROY,R; 120 YOUNG,R; 121 WRIGHT,J; 122
ROTHIN,D; 123 DOLAN,P; 124 PEARSON,L; 125 MITCHELL,W;

Cumnock & District AC-Colours: Black with Red Diagonal Band
126 GEMMELL,J; 127 SMITH,P; 128 SHAND,D; 129 KYLE,J;

Dumbarton AAC-Colours: Black with Red Band
130 WALSH,P; 131 KELLY,T; 132 HARRISON,J; 133 HARRISON,D; 134
CALDWELL,F; 135 CALDWELL,D; 136 DENNY,J; 137 WILSON,W; 138
CORRIGAN,P; 139 HANLEY,G; 140 ADAMS,A; 141 MARSLAND,B;

Dumfries Running Club-Colours: White with Maroon and Sky blue Hoops
142 MCDUGALL,J; 143 DAVERS,T; 144 GRANT,A; 145 MCPHERSON,M;
146 LITTLE,C; 147 MASON,W; 148 BROWN,D; 149 MCKIE,S; 150 LAIRD,J;
151 KERR,N; 152 HILL,L; 153 CHADDERTON,D; 154 MARRIOTT,I; 155
COLE,M; 156 MOHAN,S; 157 BROWN,I; 158 HEAVEN,K;

Dundee Hawkhill Harriers-Colours: Blue and White Quarters
159 STRACHAN,M; 160 RENNET,G; 161 HASKETT,C; 162 FOX,P; 163
SULLIVAN,D; 164 COOK,B; 165 HANLON,D; 166 HANLON,G; 167
REID,T; 168 WILSON,A; 169 BORLAND,S; 170 HEPBURN,J; 171
HOLMES,E; 172 RAIT,N; 173 GLYNN,H; 174 MCGREGOR,J; 175
PATTISON,B; 176 OSBORNE,J; 177 BURNETT,P; 178 PROVAN,D; 179
LAMB,A; 180 MCCOLGAN,P; 181 CHISHOLM,N;

Dundee Road Runners-Colours: White with Blue Diagonal
182 DUTHIE,N; 183 CONNOLLY,S;

East Kilbride AAC-Colours: Gold with 2 Black hoops
184 TURNBULL,D; 185 BLUE,E; 186 CONDRA,D; 187 GRAY,D; 188
COLVIN,G; 189 RONALD,B; 190 MCLELLAN,A; 191 RAMAGE,E; 192
BONAR,P; 193 MULHERON,W; 194 REID,G;

Edinburgh AC-Colours: White with 2 Black Diagonal Stripes
195 JOHNSTON,M; 196 JOHNSTON,I; 197 HOPE,R; 198 THOMSON,R;
199 FERGUSON,M; 200 SMITH,C; 201 FALLOWS,M; 202 RIDDEL,R;
203 DONNACHIE,A; 204 WARD,A; 205 MCEWAN,A; 206 AGNEW,J;
207 MARR,D; 208 NOLAN,R; 209 SHANLEY,A; 210 SCOTT,D; 211
BANKOWSKI,Z; 212 ARNOT,F; 213 GILLIES,A; 214 HUTTON,P; 215
LAIRD,A; 216 TURTON,G; 217 KAY,L; 218 MCLEOD,M; 219
STEVENSON,E; 220 GRAHAM,J; 221 HUNTER,P; 222 BUICK,J; 223
KELLY,I; 224 COCKBURN,B; 225 GLASS,M; 226 CONNACHIE,A;

Edinburgh Southern Harriers-Colours: White with Double Blue Hoops
227 BEGLEY,B; 228 CABLE,C; 229 COOPER,M; 230 CRAVEN,M; 231
CUTHBERT,G; 232 DUFF,I; 233 DUFF,I; 234 FLYNN,M; 235 FLYNN,P;
236 GALLAGHER,W; 237 GARNER,D; 238 GRIFFITHS,A; 239 HOWIE,B;
240 INNES,S; 241 LAYCOCK,A; 242 MCDONALD,N; 243 MCFALL,B;
244 PATERSON,P; 245 PROFFITT,J; 246 ROBERTSON,M; 247
ROBERTSON,M; 248 SNEDDON,M; 249 STEEL,G; 250 STEEL,J; 251
TURNER,J; 252 WEAVERS,T;

Edinburgh University H&H-Colours: Green with White side Panel
253 MOWBRAY,P; 254 NICOLSON,C; 255 BEYNON,R; 256 EDWARDS,O;
257 GODFREY,D; 258 OH-ISHI,S; 259 JARVIS,J; 260 BROWN,S; 261
RIEMERSMA,G; 262 MARSTON,N; 263 WIGGETT,J;

Falkirk Victoria Harriers-Colours: Black with Gold Band

264 BROWN,G; 265 STIRRAT,K; 266 RANKIN,S; 267 JOHNSTON,I; 268
LAMBIE,J; 269 MCQUAID,M; 270 MCCALLUM,R; 271 STEVENSON,J;
272 CRAWFORD,G; 273 HARY,D; 274 HIGGINS,W; 275
MCKERRACHER,P; 276 MARTIN,J; 277 ADAMS,R; 278 LOTHIAN,D;
279 MCKENZIE,D; 280 DAY,W; 281 RONALD,A; 282 MURRAY,D; 283
STEMPLYZYK,T; 284 RODGER,A; 285 NONVAL,S; 286 CROSSE,P; 287
CARTWRIGHT,P;

Ferranti AAC-Colours: Yellow with Black letters

288 BELL,A; 289 GAVIN,J; 290 WATTERS,R; 291 RIDLEY,T; 292 SHAW,J;
293 SHAW,I; 294 MCDONALD,E; 295 WESTON,K;

Fife AC-Colours: White with Red Band

296 MITCHELL,T; 297 LEGGETE,D; 298 CUNNINGHAM,J; 299
MCKAY,H; 300 ROSS,C; 301 MCCRADIE,M; 302 LEGGATE,J; 303
ROUGH,J; 304 MOSS,S; 305 GUNSTONE,D; 306 CRUICKSHANKS,B;
307 BLACK,T; 308 ROBERTSON,J; 309 ROBERTSON,P; 310 BENNISON,G;
311 FRANCIS,D; 312 CATION,F; 313 ROSS,T; 314 DAVIES,A; 315 CLOSE,J;
316 HOLDEN,J; 317 FARRALY,M; 318 BATLEY,M; 319 MCMANUS,M;
320 LANDELS,B; 321 QUINN,S; 322 HAIG,J; 323 LAING,M; 324
LUMSDEN,J; 325 OVERTON,I; 326 THOMSON,B;

FMC Carnegie Harriers-Colours: Orange and Green

327 MORRISON,P; 328 TAYLOR,I; 329 LAW,C; 330 TURNER,M; 331
NIKOLADIOS,C; 332 OGG,S; 333 STEWART,I; 334 ARMOUR,D; 335
THOMSON,T; 336 MILTON,R; 337 LAWSON,L; 338 FORREST,D; 339
MACDONALD,I; 340 MACDONALD,B; 341 REID,S; 342 MCKENZIE,R;
343 ADAM,D; 344 HANSON,B; 345 MCARTHUR,J; 346 GIBB,S; 347
DUFF,B; 348 GRAY,J; 349 LEYDEN,M; 350 NICOL,A; 351 JONES,B; 352
MILTON,J; 353 LITTERICK,T; 354 LOWLOR,T; 355 SIMPSON,P; 356
SEAMAN,C; 357 MUNRO,D; 358 SOUTAR,A; 359 BOWIE,T; 360
MCCANN,J; 361 ROBB,J; 362 GRIEVE,A;

Garscube Harriers-Colours: White with Blue Band

363 CULLEN,S; 364 DOWNIE,R; 365 DRYDEN,R; 366 DUNN,I; 367 FUS,W;
368 GEDDES,D; 369 HOSSACK,S; 370 HEPPELL,D; 371 IRVINE,S; 372
MCLAUGHLIN,J; 373 MARSHALL,W; 374 MENNIE,R; 375
SHERIDAN,S; 376 WALLACE,F;

George Heriots CCC-Colours: White with Blue Band

377 GODDARD,S; 378 SHARIF,K;

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

379 THOMSON,C; 380 HAY,A; 381 STEWART,A; 382 CARROLL,A; 383
CAMPBELL,I; 384 AIRDRIE,I; 385 WATSON,A; 386 WEATHERSTON,A;
387 MACLAUCHLAN,A; 388 COOPER,F; 389 DICKINSON,R; 390
CAMPBELL,B; 391 MILLAR,I; 392 MCCANN,F; 393 WYLLIE,A; 394
CAMPBELL,M; 395 CAMERON,J; 396 DONALD,A; 397 WARDROPE,D;
398 GLASGOW,W; 399 MILLER,P; 400 WOOD,C; 401 NOLAN,B;

Girvan AAC-Colours: White with Blue & Green Hoops

402 BRASH,C; 403 YOUNG,P; 404 TAYLOR,N; 405 MAXWELL,J;

Glasgow University H & H-Colours: Black and Gold

406 BARRIE,G; 407 CORBETT,K; 408 JACK,E; 409 MCHUGH,T; 410
SMITH,S; 411 DARGIE,J; 412 MORAN,C; 413 SHAW,R; 414 BAIN,M;
415 TONER,E; 416 MACE,A; 417 FRENCH,S; 418 STONE,L; 419
WALLACE,I; 420 ASHWORTH,P; 421 WILSON,J; 422 CAMPBELL,L; 423
NISBET,D;

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold
Hoops

424 SHAW,R; 425 PUCKRIN,A; 426 KNIGHT,T; 427 HENDRY,C; 428

MCCALLION,T; 429 DAVIDSON,R; 430 CARRUTHERS,J; 431 KERR,J;
 432 RUSSELL,P; 433 MCLAUGHLIN,D; 434 ARMSWORTH,N; 435
 MCNEILL,D; 436 BENNETT,J; 437 JENKINS,B; 438 HODELET,R; 439
 SHERIDAN,J; 440 CURRIE,E; 441 FENION,H; 442 MCLOONE,S; 443
 CAMERON,I; 444 MCFADYEN,J;
Greenock WellPark Harriers-Colours: White with Black Hoop
 445 GAFFNEY,G; 446 KING,G;
Haddington East Lothian Pacemakers-Colours: Red and White Halves
 447 MCDONALD,P; 448 FORTE,J; 449 HARLEY,T; 450 DICKIE,M; 451
 BAIRD,J; 452 MCGUINNESS,D; 453 MARSHAL,B; 454 HOPE,R; 455
 WALLACE,A; 456 ARMSTRONG,G; 457 BAMFORD,C; 458 HARRIS,R;
 459 SMITH,J; 460 BELL,D;
Harmeny AC-Colours: Red with Green Diagonal
 461 COOPER,D;
Helensburgh AAC-Colours: Yellow with Red Band
 462 RAESIDE,M; 463 STYLES,S; 464 THREAKER,D; 465 COOK,M; 466
 BOYD,J; 467 COLMER,C; 468 EVANS,R; 469 HAMILTON,W; 470
 WHITE,K; 918 MCDONALD,D;
Hunters Bog Trotters-Colours: Brown
 471 AXON,S; 472 BLAIR,B; 473 BLISSETT,N; 474 BROWN,R; 475
 BUCKLEY,A; 476 FARQUHARSON,C; 477 GILLESPIE,T; 478 GOOCH,K;
 479 GRAY,B; 480 HAMPSHIRE,J; 481 HARKNESS,I; 482 HERRIES,R;
 483 KEIGHTLEY,P; 484 KEOGH,J; 485 KILTIE,I; 486 LORIMER,H; 487
 MARSHALL,I; 488 MACREADY,G; 489 MCKAY,J; 490 MITCHELL,G;
 491 O'KANE,P; 492 SCOTT,E; 493 TAYLOR,D; 494 THOMAS,R; 495
 THOMPSON,M; 496 WRIGHT,S;
IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes
 497 TIPPING,T; 498 BROADLEY,B; 499 CLARK,G; 500 HODGE,S; 501
 CONNAGHAN,J; 502 CONNAGHAN,S; 503 CAMPBELL,D; 504
 CROMAR,C; 505 DALGLEISH,S; 506 MACDONALD,I; 507 MARTIN,D;
 508 MARTIN,R; 509 MCCABE,D; 510 MCKEE,E; 511 ROBISON,C; 512
 SPENCE,C; 513 OLDING,D; 514 WILKIE,T; 515 TRACEY,T; 516 HICKS,M;
 517 MUNRO,D; 518 MCMAHON,L; 519 BLACK,C; 520 LEWIS,J; 521
 MURRAY,T; 522 SMYTH,E; 523 GRANT,P; 524 WATT,E;
Inverness Harriers-Colours: Gold with Maroon Diagonal
 525 MURCHISON,A; 526 HERBERT,G; 527 BOWMAN,J; 528
 MACKENZIE,S; 529 JARVIE,C;
Irvine AC-Colours: Red with Black Trim
 530 ADAM,B; 531 KERR,D; 532 CRAIG,B; 533 MCLATCHIE,A; 534
 SURGENOR,J; 535 WHITE,J; 536 RICHARDSON,L; 537 MILLER,C; 538
 MCNAMEE,J; 539 KING,D; 540 FLINN,M; 541 RENNIE,A; 542
 RICHARDSON,B; 543 BROWN,D; 544 STEVENSON,J; 545 MCMANUS,I;
 546 COLLIER,F; 547 JOHNSTON,T; 548 CHEYNE,R; 549 CAMPBELL,D;
 550 PARKER,T; 551 MCINROY,A; 552 BLAKELY,R;
John Greig (Builders) Central AC-Colours: Yellow and Blue
 553 WHITELAW,K; 554 MCHARDY,G; 555 DRUMMOND,J; 556
 GREENAWAY,R; 557 DICKSON,J; 558 GAULT,W; 559 JOHNSTONE,A;
Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White
 Stripes
 560 REID,G; 561 MURRAY,S; 562 TONNOR,E; 563 GOLDIE,J; 564
 DICKSON,S; 565 EVANS,F; 566 DRYMOND,I; 567 COBBIE,I; 568
 CAIRNS,G; 569 KERR,G; 570 MITCHELL,D; 571 ROBERTSON,B; 572
 STEVENSON,J; 573 FERGUSON,M;
Kilbarchan AAC-Colours: Gold with Black Hoop
 574 ANDERSON,T; 575 BARR,R; 576 DAVIDSON,J; 577 FAIRLEY,G;

578 FITZSIMMONS,R; 579 GEDDES,W; 580 HEARLE,T; 581
 JOHNSTONE,A; 582 MACDOUGALL,I; 583 MCGINLEY,M; 584
 MCKENNA,R; 585 MEWSE,D; 586 PETRIE,D; 587 QUINN,R; 588
 RODGER,J; 589 ROSS,A; 590 SNODGRASS,J; 591 TENNEY,G; 592
 GIBSON,G; 593 GOUDIE,J; 594 WALDER,P;
Kinross Road Runners-Colours: Yellow with Royal Blue Band
 595 ANDERSON,D; 596 QUIGLEY,T; 597 HARTLEY,G; 598
 MCINTOSH,M; 599 MCCRAW,R; 600 SHAH,R; 601 BELLSCOTT,E; 602
 COWAN,G; 603 GRAHAM,G;
Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops
 604 BURNS,C; 605 BROWN,R; 606 MCLEAN,G; 607 CAMPBELL,I; 608
 MCNEIL,K;
Larkhall YMCA-Colours: Red with White Hoops
 609 MCCORMACK,A; 610 MCGLENNON,R;
Lasswade AAC-Colours: White with 2 Blue Bands and Red Band
 611 HUBBLE,A; 612 CUMMING,A; 613 MCINTOSH,A; 614 WALLACE,R;
 615 FETTES,P; 616 RUTHERFORD,N; 617 KETTLES,R; 618 FREW,R; 619
 FOX,J;
Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band
 620 GOURLEY,J; 621 BARBOUR,C; 622 CARDWELL,A; 623 Tervitt,J;
 624 BARR,D; 625 MCCAFFER,D; 626 ROWLEY,J; 627 DRYSDALE,W;
 628 REID,J; 629 FROOD,J; 630 KELLY,P; 631 MCFARLANE,I; 632
 RUSSELL,A; 633 MUIR,J; 634 MUIR,D; 635 RAMAGE,A; 636 DEVINE,J;
Leslie Deans Racing Club-Colours: Cobalt Blue
 638 BOOTH,G; 639 BROWN,I; 640 CAIRNS,S; 641 CHAPMAN,K; 642
 COHEN,S; 643 COYNE,M; 644 COYNE (SEN),M; 645 FLEMING,P; 646
 GARDINER,D; 647 GRAHAM,J; 648 HANLON,T; 649 HUTTON,A; 650
 KERR,S; 651 KIRKWOOD,B; 652 LYALL,K; 653 MCGOWAN,F; 654
 ROBSON,A; 655 ROBSON,J; 656 ROSS,D; 657 ROSS,J; 658 PLAATJES,M;
 659 SMITH,K; 660 STEWART,G; 661 VEITCH,I; 662 MOONEY,R;
Livingston & District AAC-Colours: Yellow with Green Stripe
 663 ACKLAND,G; 664 AGNEW,A; 665 BALFOUR,S; 666 BEAGLEY,D;
 667 BRAND,T; 668 CAMPBELL,S; 669 COLLIGAN,M; 670 CONWAY,S;
 671 DEMPSEY,S; 672 DYMOKE,P; 673 EADES,C; 674 HENCK,M; 675
 KITCHIN,A; 676 LEADBETTER,M; 677 LEE,R; 678 LINDSAY,I; 679
 MACKENZIE,A; 680 MCADAM,I; 681 MEEK,C; 682 MEEK,S; 683
 NORTHAM,C; 684 SEGGIE,I; 685 SHAW,D; 686 SHERBAN,J; 687
 WALTON,C; 688 WATSON,J; 689 WEST,P; 690 WHYTE,L;
Lochaber AC-Colours: White with 2 Blue Hoops
 691 BROOKS,J; 692 BRITTON,C; 693 BURNS,S; 694 CANT,R; 695
 BOSWELL,R;
Luczade Motherwell District AC-Colours: Red with White edging
 696 DOBBIE,J; 697 MCMANUS,G; 698 MURRAY,G; 699 MOFFAT,M;
 700 HUGHES,J; 701 MCMORROW,J; 702 MCLINDON,B; 703
 MURDOCH,S; 704 GIBSON,S; 705 MULLEN,P;
Maryhill Harriers-Colours: Royal Blue
 706 MICOUD,J; 707 MCCARTNEY,M; 708 MCCUE,L; 709 SHEARON,D;
 710 KEARNEY,P; 711 DUNCAN,E; 712 MCCARTNEY,J; 713 BIGGHAM,J;
 714 GALLAGHER,M; 715 STEVENSON,K; 716 MCGILL,W; 717
 WALKER,S; 718 HAZLETT,J; 719 MCGRORY,A; 720 MACDONALD,D;
Metro Aberdeen RC-Colours: Red
 721 FARQUHAR,K; 722 GRAHAM,P; 723 JENNINGS,P; 724 JOHNSON,M;
 725 MACFARLANE,Q; 726 MAIN,G; 727 MILOVSOV,N; 728
 STEWART,J; 729 STRACHAN,J; 730 TAYLOR,R; 731 TULLOCH,K; 732
 VARNEY,K; 733 WILLIAMSON,I; 734 WILLOX,S;

Milburn Harriers-Colours: Light Blue with Dark Blue Diagonal
735 MELVIN,P; 736 BAKER,P; 737 FLEMING,A; 738 WATT,J; 739 ROBERTSON,J; 740 BURNS,P;

Moray Road Runners-Colours: Dayglow yellow with Black Trim
741 BARRON,C; 742 SCOTT,F; 743 PATERSON,E; 744 MILNE,G; 745 MCLOUGHLIN,J;

Penicuik Harriers-Colours: Purple with White Panels
746 CAIRNS,D; 747 WALKER,R; 748 GRAHAM,C; 749 PATERSON,C; 750 DAVIDSON,S; 751 BROWNE,M;

Perth Strathay Harriers-Colours: Orange with Blue Trim
752 PAXTON,M; 753 KNIGHT,D; 754 MCKAY,E; 755 WATSON,N; 756 WATSON,G; 757 WHITTET,J; 758 MCCAVE,S;

Peterhead AAC-Colours: Sky Blue
759 INGRAM,S; 760 REID,A; 761 JAY,J; 762 HASTIE,S; 763 MUNDIE,J;

Renfrew AC-Colours: Gold with Red and Blue Hoops
764 HARDS,S; 765 KLOUMANN,J; 766 WATERSTON,A; 767 BRINES,D; 768 LUNNEY,P; 769 BRADY,A;

Shettleston Harriers-Colours: Blue with Yellow Band
770 SCALLY,B; 771 CALLAN,A; 772 BRADSHAW,C; 773 BUCHANAN,D; 774 CAIRNEY,J; 775 CAMERON,D; 776 COYLE,B; 777 CROWE,D; 778 DONNELLY,J; 779 EVANS,J; 780 DUFFY,J; 781 GILMOUR,D; 782 HENDRY,J; 783 LITTLE,A; 784 LOUGHRAW,R; 785 MACKAY,J; 786 MCGONAGLE,D; 787 MCKIE,G; 788 MCMILLIAN,J; 789 MCMONAGLE,B; 790 MORTON,J; 791 WHITEHILL,S; 792 WIGHT,G; 793 WILLIAMS,D; 794 WATSON,H; 795 WILKINSON,J; 796 MCGREGOR,N; 797 MCDONALD,A; 798 DOUGAN,M;

Springburn Harriers-Colours: Navy Blue with White Diamond
799 CALLAN,A; 800 BELL,J; 801 MCNAIR,E; 802 LAING,P; 803 CHALMERS,A; 804 COOPER,J; 805 MCINDOE,A; 806 HOUSTON,D; 807 WRIGHT,F; 808 FANTANA,T; 809 DICKSON,E; 810 HARPER,J; 811 OWENS,J; 812 CHALMERS,R; 813 HILL,A;

South West Multisport-Colours: Black/Purple
811 HANNAH,I;

St Andrews University AC-Colours: White with 2 Blue Bands
812 GROGAN,P; 813 CONNER,P; 814 ADAMSON,G; 815 KVENEN,M; 816 KIRKPATRICK,D; 817 CORRIGAN,P; 818 MACMILLAN,D; 819 MILLINGHAM,O;

Standard Life AC-Colours: Blue with Yellow trim
820 SHAW,P; 821 EWING,J; 822 WADSWORTH,A; 823 SMITH,B; 824 BARN,B; 825 DOWNES,S; 826 SHANKS,D; 827 HOUSTON,F; 828 FITZSIMMONS,S;

Stornoway RC-Colours: Red with Yellow Hoop
829 ALLAN,C; 830 BOOTH,G; 831 CUNNINGHAME,A; 832 EARONS,G; 833 FLETT,D; 834 MUNRO,R; 835 MACKAY,I; 836 MACDONALD,C; 837 MCMAHON,A; 838 NICOLSON,I;

Stranraer AAC-Colours: White with Tartan Band
839 HISLOP,D;

Strathclyde University AC-Colours: Maroon with Blue and Gold hoops
840 TAYLOR,S; 841 MUIR,A; 842 RICHARDS,G;

Teviotdale Harriers-Colours: White with Maroon Band
843 MCCLURE,M; 844 ELLIOT,I; 845 REID,A; 846 CASSON,A; 847 HALLIDAY,R; 848 MEIKLE,A; 849 FAIR,A; 850 BLAICKIE,D; 851 HENRY,G; 852 MALTMAN,N; 853 SAMUEL,A; 854 COLTMAN,A; 855 TEMPLEMAN,R; 856 CANNON,F; 857 NICHOL,C; 858 PITTILLO,J; 859 BARR,D; 860 CAVERS,D; 861 CLYNNE,D; 862 CRANSTON,R; 863

EMMERSON,B; 864 WALKER,A; 865 SHANKIE,A; 866 DOUGLAS,P; 867 SCOTT,C;

Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops
868 BEATTIE,I; 869 DALY,V; 870 MCGREGOR,G; 871 MCKEATING,B; 872 MARTIN,C; 873 MILLER,R; 874 ROBERTSON,S; 875 LIGHT,O; 876 LAVAN,T;

TSB Corstorphine AC-Colours: White with Black Trim
877 AITKINSON,R; 878 HENDERSON,D; 879 HOOD,K; 880 HULME,M; 881 JONES,R; 882 LAW,D; 883 MALCOLM-SMITH,M; 884 MCLEAN,G; 885 O'BRIEN,P;

Victoria Park AAC-Colours: Blue and White Hoops
886 BARNETT,S; 887 DOUGLAS,A; 888 LITTLE,C; 889 GREENHALGH,C; 890 GREENHALGH,G; 891 MCVEY,K; 892 WALLACE,M; 893 STOELE,C; 894 DOYLE,J; 895 BROWN,K; 896 MCGREGOR,P; 897 CAIRNEY,A; 898 GILMOUR,S; 899 MCARA,T; 900 MCNICOL,A; 901 ADAMS,A;

Westerlands CCC-Colours: Yellow with Black "W" on Back
902 ADAMS,K; 903 BAXTER,P; 904 BELL,S; 905 CAMERON,A; 906 DOONAN,K; 907 MCCONNELL,J; 908 OGSTON,M; 909 ORR,G; 910 RIGBY,M; 911 ROGERS,D; 912 STRUTHERS,I;

Whitburn AAC-Colours: Claret with Amber Hoops
913 MCINTOSH,T; 914 MCINTOSH,E; 915 VIDLER,L; 916 MCGLADE,K; 917 FREDRIKSDEN,C;

Unattached
922 GARNETT,J

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

4th ANNUAL SENIOR/JUNIOR WOMEN'S CHAMPIONSHIP

(Over 17 years of age as at the 1st September, 1995)

Distance 4 miles/6400m

The winning team to hold the "Daily Record Trophy" for 12 months

The winning individual to hold the "Mary Semple Trophy" for 12 months

UNDER-20 WOMEN—1st, 2nd, 3rd Individual and 1st Team will receive an award

THE RACE WILL START AT 2.40 p.m.

Title Holders 1995 — City of Glasgow AC

Individual winner 1995 — V. McPherson, City of Glasgow AC

TEAMS NOT LESS THAN 3 AND 3 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 KILNER,D; 2 GRANT,H; 3 LAMB,S; 4 BRINDLEY,T; 5 STILL,L; 6 FRASER,N; 7 ARMITAGE,S; 8 MEARN,S,K; 9 RAMSAY,A; 10 MCKINNON,N;

Annan & District AC-Colours: Yellow Vest/Black Shorts

11 LEGG,C;

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

12 CROUCHER,S; 13 GARVIE,C; 14 KANE,H; 15 FISHER,K; 16 AITKEN,S; 17 THOMSON,T; 18 BAXTER,J; 19 WILDE,J;

Bellahouston Harriers-Colours: Dark Blue with Light Blue Cross

20 IRVINE,G;

Carnethy Hill RC-Colours: Yellow with Red letters

21 MUDGE,A; 22 SPENCELY,H; 23 INNES,N; 24 NIMMO,A; 25 HEWSON,J; 26 PAUL,G; 27 MICHELZUZ,S;

City of Glasgow AC-Colours: Royal Blue with Green Panel

28 BAIRD,K; 29 BRANNEY,S; 30 COCKBURN,B; 31 COX,J; 32 CRAWLEY,P; 33 GORMAN,E; 34 HAINING,H; 35 MACINTYRE,L; 36 MCFADDEN,C; 37 MCPHERSON,V; 38 MOODY,L; 39 POTTS,A; 40 SCOTT,S; 41 SYM,A; 42 THOMSON,C; 43 THOMSON,J; 44 WALKER,G;

Cramlington AAC-Colours: White with Red/Yellow Hoops

45 GIRFFITHS,S;

Cumnock & District AC-Colours: Black with Red Diagonal Band

46 ANDREWS,F;

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

47 CARR,A; 48 REILLY,Y; 49 POWELL,K; 50 HANLON,G; 51 RICE,L; 52 PROVAN,L; 53 VANNET,M; 54 COMERFORD,L;

East Kilbride AAC-Colours: Gold with 2 Black hoops

55 SMITH,S; 56 ROSS,L;

Edinburgh AC-Colours: White with 2 Black Diagonal Stripes

57 HANCOCK,K;

Edinburgh University H&H-Colours: Green with White side Panel

58 PARKINSON,H; 59 SMITH,M; 60 MACMILLAN,K; 61 NIXON,D; 62

CRAWSHAW,M; 63 MCMANUS,A; 64 BRADLEY,K; 65 GARRETT,S; 66 BRAHAM,A;

Edinburgh Woollen Mill-Colours: White with Double Blue Hoops

67 DOBBIE,K; 68 RIDLEY,S; 69 GOLLAN,S; 70 SHARP,C; 71 ROSE,A; 72 STEELE,W;

Fife AC-Colours: White with Red Band

73 LEMONCELLO,P; 74 LOTHIAN,F; 75 MCLAREN,M; 76 RITCHIE,W;

FMC Carnegie Harriers-Colours: Orange and Green

77 WELSH,S; 78 LEGGE,S; 79 LISLE,C; 80 KUZ,L; 81 WALLACE,M; 82 HUTTON,D; 83 THOMSON,J; 84 WEST,A;

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

85 TAYLOR,M; 86 ARMSTRONG,J; 87 ROBINSON,S; 88 CARROLL,A; 89 GRASSIE,J; 90 WORKMAN,C; 91 CONNELL,M; 92 MILLER,J; 93 RICHARDS,A; 94 SOUTHERN,M; 95 KERR,V;

Glasgow University H & H-Colours: Black and Gold

96 TAPLIN,S; 97 JEFFREY,M; 98 CADDELL,C; 99 BLACK,C; 100 WEATHERS,E; 101 FAIRWEATHER,S; 102 MCPHAIL,A; 103 REID,E; 104 ROBERTSON,P; 105 FORSYTH,J;

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops

106 O'BRIEN,E; 107 HAY,A; 108 SMITH,J;

Helensburgh AAC-Colours: Yellow with Red Band

109 SHARP,A; 110 JENNISON,N;

Hunters Bog Trotters-Colours: Brown

111 CLIVE,S; 112 GREENLEE,J;

IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes

113 MCKEE,A; 114 GIBSON,C; 115 MCLAUGHLIN,S;

Irvine AC-Colours: Red with Black Trim

116 MILLER,M; 117 BURKE,M; 118 MCGILL,K; 119 MCGARRY,L; 120 STEVENSTON,J; 121 MELVILLE,K; 122 KAY,V; 123 MORTON,H; 124 ROXBURGH,J; 125 SCOTT,D;

John Greig (Builders) Central AC-Colours: Yellow and Blue

126 HUNTER,B; 127 ROGERSON,J; 128 ROSS,E; 129 WATERHOUSE,J;

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

130 CAIRNS,L; 131 TODD,K; 132 MCGREGOR,S; 133 YODEN,S; 134 YODEN,N;

Kilbarchan AAC-Colours: Gold with Black Hoop

135 ANDERSON,H; 136 GEDDES,S; 137 MASSON,E; 138 MOORE,M; 139 RONNEY,P;

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

140 CALMAN,J; 141 BROWN,A; 142 SUTHERLAND,L; 143 BROWN,L;

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

144 MEIKLE,K; 145 MCDONALD,D; 146 PHILLIPS,J; 147 BRIGHT,L; 148 TODD,M;

Livingston & District AAC-Colours: Yellow with Green Stripe

149 BROSANAN,J; 150 COLEMAN,M; 151 CUNNANE,D; 152 DEMPSEY,V; 153 EADES,L; 154 HAILEY,J; 155 HENCK,J; 156 HENDERS,J; 157 ROTHER,P; 158 SALVONA,J; 159 VICKERY,J; 160 BALFOUR,J;

Lochaber AC-Colours: White with 2 Blue Hoops

161 SEARLE,H;

Lucozade Motherwell District AC-Colours: Red with White edging

162 MILLAR,J; 163 WILSON,K; 164 WILSON,P; 165 JOHNSON,A; 166 ARMSTRONG,I; 167 STEELE,S;

Minolta Black Isle AAC-Colours: Black with Red Diagonal Stripe
168 FALCONER,C;
Moray Road Runners-Colours: Dayglow yellow with Black Trim
169 WARDHAUGH,F;
North Shields Poly-Colours: White, 2 Red Hoops, Navy Trim
170 TREMBLE,A;
Penicuik Harriers-Colours: Purple with White Panels
171 GRAHAM,A;
Shettleston Harriers Ladies-Colours: Blue with Yellow Band
172 HUGHES,A; 173 HARVEY,J; 174 REID,E; 175 SCOBIE,K; 176
CARTER,S; 177 O'NEIL,B;
Standard Life AC-Colours: Blue with Yellow trim
178 BURTON,A; 179 MCPHERSON,R; 180 WOOD,A;
St Andrews University AC-Colours: White with 2 Blue Bands
181 INMAN,J; 182 HUDSON,C; 183 PLANT,C; 184 BREWIN,A; 185
GOMES,M; 186 EISENBEIS,K; 187 CAMERON,L; 188 FIELDEN,H;
Stornoway RC-Colours: Red with Yellow Hoop
189 GORDON,M; 190 MACDONALD,J; 191 MACLEAN,S;
Strathclyde University AC-Colours: Maroon with Blue and Gold hoops
192 GRAY,S; 193 EVANS,E; 194 BROWN,J; 195 LINDEN,M; 196 BLAIR,C;
197 HIGGINS,A; 198 GEMMELL,C;
Strathkelvin Ladies-Colours: Navy Blue with Green Trim
199 GEMMELL,M;
Teviotdale Harriers-Colours: White with Maroon Band
200 JACK,J; 201 KEOGH,M; 202 CHOPLAS,I;
Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops
203 ROBERTSON,M;
Victoria Park AAC-Colours: Blue and White Hoops
204 KENNEDY,S;
Westerlands CCC-Colours: Yellow with Black "W" on Back
205 DIAMANTIDES,H; 206 MCLAUGHLIN,P; 207 MCPHERSON,H; 208
MENHENNETT,C; 209 RAE,J; 210 ROBERTSON,J; 211 SCOTT,E; 212
SCOTT,M; 213 THOMAS,M; 214 WHALLEY,C; 215 GORMAN,L;
Falkirk Victoria Harriers-Colours: Black with Gold Band
216 STEVENSON,J; 217 DOUGLAS,A; 218 MURRAY,L; 219 LAWLESS,C;
220 SWANSON,M; 221 STEWART,J;



AMAZINGLY GOOD TRAVEL AGENTS

JUNIOR WOMEN

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

SENIOR WOMEN

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

4th ANNUAL U-20 MEN'S CHAMPIONSHIP

(Over 17 but under 20 as at the 1st September, 1995)

Distance 5 miles/8000m

The winning team to hold the "Marshall Trophy" for 12 months

The winning individual to hold the "Livingstone Trophy" for 12 months

THE RACE WILL START AT 1.05 p.m.

Title Holders 1995 — Edinburgh University Hare & Hounds

Individual Winner 1995 — D. Leggete

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 SMITH,C;

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

2 NEILL,K; 3 ROBINSON,B;

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

4 DONALDSON,A; 5 CHISHOLM,S;

Bellahouston Harriers-Colours: Dark Blue with Light Blue Cross

6 DICKSON,G;

Cambuslang Harriers-Colours: Red with White Band

7 REID,I; 8 KENNEDY,S; 9 MCAFFERTY,G; 10 SOUTH,S; 11 FARMER,P;

12 CAMPBELL,M; 13 DOBIE,A; 14 THOMSON,T; 15 I'ANSON,P; 16

MCPHERSON,A; 17 LIVINGSTON,M;

Clydesdale Harriers-Colours: White with Black "C"

18 ROACHE,D; 19 MCGINLEY,D;

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

20 TOSH,M; 21 WILL,J;

East Kilbride AAC-Colours: Gold with 2 Black hoops

22 BELL,D; 23 CLEMENT,C;

Edinburgh AC-Colours: White with 2 Black Diagonal Stripes

24 FORD,A; 25 MCINNES,H; 26 MUNRO,M;

Edinburgh University H&H-Colours: Green with White side Panel

27 BOOTH,G; 28 ESSON,J; 29 STEWART,G; 30 GRANT,W; 31 WRIGHT,D;

32 TINKER,D; 33 DUNCAN,J; 34 MCARTHUR,D;

Falkirk Victoria Harriers-Colours: Black with Gold Band

35 DEWAR,L; 36 DEWAR,N; 37 HORSMAN,M; 38 SMITH,R;

FMC Carnegie Harriers-Colours: Orange and Green

39 MILLIGAN,A;

Fife AC-Colours: White with Red Band

40 MCGREGOR,D; 41 WALLACE,I; 42 MCPHERSON,V; 43 LEGGETE,W;

44 MCFARLANE,R;

George Heriots CCC-Colours: White with Blue Band

45 BUDGE,D; 46 FITCHETT,M; 47 GODDARD,C; 48 LAWRIE,G; 49

ROBERTSON,G;

Inverness Harriers-Colours: Gold with Maroon Diagonal

50 COOK,R;

Irvine AC-Colours: Red with Black Trim

51 ANDERSON,P;

John Greig (Builders) Central AC-Colours: Yellow and Blue

52 ANTHONY,A; 53 MCARTHUR,S; 54 REDPATH,G;

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

55 DRUMMOND,A; 56 KERR,A;

Kilbarchan AAC-Colours: Gold with Black Hoop

57 BYRNE,B; 58 CLUGSTON,A;

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

59 GRANT,S; 60 HAMILTON,J;

Larkhall YMCA-Colours: Red with White Hoops

61 MCGLENNON,A;

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

62 MURRAY,S; 63 CAMPBELL,D; 64 HAMLIN,M;

Lochaber AC-Colours: White with 2 Blue Hoops

65 BROOKS,B;

Moray Road Runners-Colours: Dayglow yellow with Black Trim

66 PATERSON,S; 67 SCOTT,S; 68 MILNE,R; 69 MORICE,K;

Nairn & D AAC-Colours: Orange

70 MCALPINE,K;

Peterhead AAC-Colours: Sky Blue

71 MORRIS,R;

Shettleston Harriers-Colours: Blue with Yellow Band

72 CONNELLY,D;

Stornoway RC-Colours: Red with Yellow Hoop

73 BAIN,M; 74 MURRAY,S; 75 MORRISON,S;

Strathclyde University AC-Colours: Maroon with Blue and Gold hoops

76 RITCHIE,M;

Teviotdale Harriers-Colours: White with Maroon Band

77 WATSON,S;

TSB Corstorphine AC-Colours: White with Black Trim

78 ANDERSON,M; 79 BISSET,S;

Victoria Park AAC-Colours: Blue and White Hoops

80 SMITH,M; 81 PATE,M; 82 YOUNG,A; 83 CAMERON,E;

Individual 1st Time

2nd Time

3rd Time

Team Race 1st Pts.

2nd Pts.

3rd Pts.

SCOTTISH ATHLETICS FEDERATION



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A. T. Mays

Cunninghame District Council

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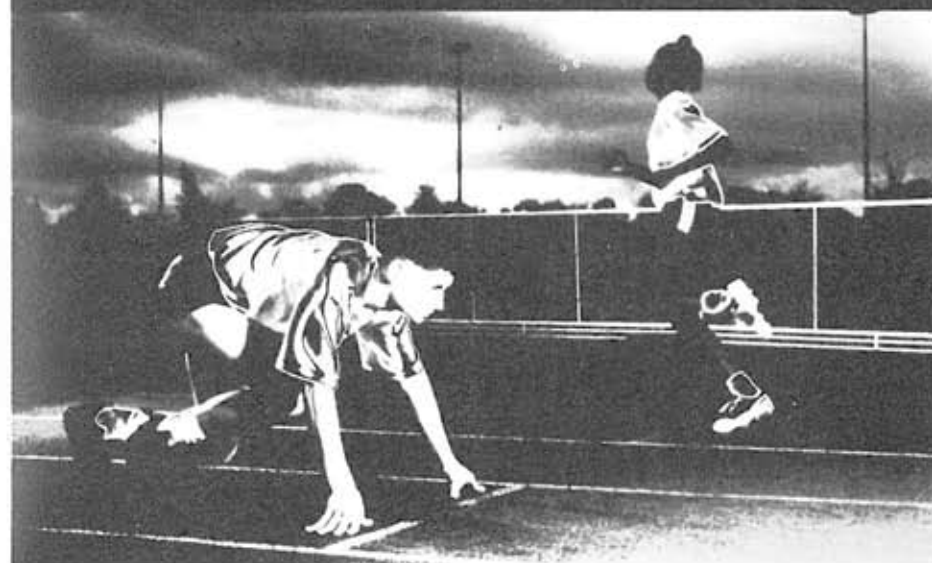
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